

Inside this issue...

FEATURE STORY

BUNCHES FLOWERS & GIFTS

MEMBERS SPECIALS/ PROMOTIONS

KRIC

Stanford Inn

Prestige Cleaners

Community Futures

Fernie Alpine Resort

Community Business Awards

Fernie Golf & Country Club

Christmas Parties

Dr Kahane

Fernie Physiotherapy

College of the Rockies

Community Business Awards

Next edition of the Fernie
Chamber News Bulletin
Thursday, October 28th, 2010

Deadline for submissions:
WEDNESDAY, October 27

Email plain text to :

Members@ferniecehamber.com

Bunches Flowers & Gifts

The story behind "Bunches"

In the spring of 2000 the opportunity arose to open a flower and gift shop in Fernie. It didn't take long to find the perfect spot. Once my husband confirmed that there was a beautiful tin ceiling above those drop tiles— my imagination bloomed.

I searched the internet and I looked in yellow pages everywhere we went and then it hit me, I always tell my husband I love him whole big bunches which had turned in to just saying Bunches. It had to be the perfect name for our store because it was born out of love.

Thus, Bunches began its journey. Our opening day was September 22nd, 2000 which also happens to be my husbands birthday.

Our mission was and still is to provide high quality fresh flowers to Fernie residents and visitors offering a more contemporary design as well as the traditional.

Somewhere along the way we have become known for our Weddings. It might be because of my great love for hosting parties and planning events, or maybe just because we have created so many beautiful bouquets and table center-pieces, but for whatever reason we have become specialists at it.

Along with our focus on fresh flowers we have always tried to fill missing niches in our small community. This has driven us to have a large diversity of products and services in our Fernie store while still maintaining an eye for high quality and unique items.

In the summer of 2005 we doubled our 2nd avenue space in order to accommodate our diversity and our growing business.

We have gone through many positive changes over the years and are always

trying to keep our focus on what our customers are asking for.

We have recently become accredited Wedding Planning Professionals and are looking forward to serving our wedding customers in a grander scale. With being a 5th generation Fernie girl I have abundant knowledge of what Fernie has to offer and many friends and resources in the Wedding business.

We look forward to serving Fernie residents and our visitors for many years to come.

We pride ourselves in our quality fresh flowers and both traditional and unusual flower choices.

We also provide a selection of Bath & Body products, gift baskets, lingerie, clothing, home décor, kitchen, gourmet foods, baby accessories, and added just lately— a line of UGG footwear!

Come and check us out @ 522-2nd Avenue, Fernie
Phone-250-423-2171
Email- bunchesfernies@shaw.ca
www.bunchesonline.com





Human Resource (HR) Toolkit & Workshop Series

“ Learn how to manage your most important business assets— people”

In a series of 4 afternoon/early evening workshops facilitated by skilled consultants, you'll learn how to:

- Manage, organize and lead your employees;
- Recruit, motivate, compensate and retain quality employees;
- Interpret Labour Employment Standards and related legislation;
- Develop an HR policy manual and mitigate potential risks

Above all, these workshops are more than just learning about human resources; they'll help you introduce actions, policies and strategies that will strengthen your competitiveness and improve your bottom line.

**SPACE IS LIMITED
ENROLL TODAY**

Please contact community futures east kootenay @
1-800-661-2293
Or info@cfek.ca

Dates: October 18, 25, Nov 1 & 8

Time: 3pm-7:30pm

Place: Fernie- COTR

Cranbrook- Community Futures

Invermere- COTR

Fee: \$875.00 plus HST or

Businesses and organizations can apply for funding to cover an employee's fee through BC's Workplace Training Innovation Program: www.aved.gov.bc.ca/workplace_training_program



Goldstar
CLEANING SERVICES

Ready to provide your business with all it's janitorial needs

**PRESTIGE CLEANERS
IS NOW LOCATED IN
GOLDSTAR CLEANING
SERVICES**

Contact us at:
Ph 250-423-4029
Fax 250-423-4028
Email: client-care@goldstarservicesgroup.com
www.goldstarservicesgroup.com
Located at 1591 10th Avenue
Fernie B.C.-- next to CURVES



If your fitness motivation sometimes gets lost- find your nearest CURVRS...
At Curves you'll always find a trainer to keep you motivated.
Our 30 minute circuit combines strength- training and cardio fro the perfect workout.
Join nbow for just \$30 plus the 1st month dues. Afree Week offer is valid until the end of October.
Location: 1561 10th Ave, Fernie
Phone: 250-423-3105
Hours: Mon-Thurs— 6am-7pm
Fridays: 6am-6pm



**JOB FAIR -
OCTOBER 22, 23, 24, 25, 2010**

We will be holding a Job Fair in October to recruit seasonal employees for the upcoming winter season. We are looking for energetic, positive people with good communication & people skills, who enjoy working in a team-oriented environment.

Our mission at Fernie Alpine Resort is:

“To provide our guests with the best vacation and recreational experience possible.”

Job Fair Details

Dates: October 22, 23, 24, 25, 2010

Times: 10am – 5pm All interviews must be pre-booked by sending application email to employment@skifernie.com . Your interview date and time(s) will be confirmed by return email. Note limit of 2 interviews per applicant.

Location: Fernie Alpine Resort Daylodge

Positions: Lift operators, Guest Services, Parking Attendants, Ticket Checkers, Rental Shop, Housekeeping, Janitorial, Food & Beverage, more... Please refer to our employment brochure at www.skifernie.com for brief job outlines.

Detail: Please bring your resume (complete with references) to the Job Fair, along with any other required documentation (eg. work visa/permit, SIN #). Representatives from all departments will be on hand to interview candidates for available jobs and make tentative job offers based on successful reference checks. Limited drop-ins on a first-come first-served basis on Saturday & Sunday only.

**Community & Business
Excellence Awards**

CITIZEN OF THE YEAR
Sponsored by the City of Fernie

YOUTH ACHIEVEMENT AWARD
Sponsored by the City of Fernie

ENTREPRENEUR OF THE YEAR
Sponsored by Community Futures East Kootenay

YOUNG ENTREPRENEUR OF THE YEAR
Sponsorship opportunity available

OUTSTANDING CUSTOMER SERVICE
Sponsorship opportunity available

FERNIE BUSINESS OF THE YEAR
Sponsored by GPI Chartered Accountants

CHAMBER BUSINESS EXCELLENCE
Sponsored by the Fernie Chamber of Commerce

NEW BUSINESS OF THE YEAR
Sponsored by GPI Chartered Accountants

Nomination forms and ballot boxes at:

- Fernie Chamber of Commerce
- Fernie City Hall
- Fernie Museum & Info Centre
- Evolution Health & Fitness
- Big Bang Bagels
- Fernie Heritage Library
- East Kootenay Community Credit Union

*

For more info call the Fernie Chamber at 250-423-6868

WHAT'S YOUR BRIGHT IDEA?

www.KRIC.ca

www.KRIC.ca

Book your SMALL BUSINESS CHRISTMAS PARTY SOON!

DINNER AND DANCE

At Fernie Golf and Country Club

December 10 and 11, 2010

Cocktails at 6 pm, Dinner at 7 pm

\$32.00 per guest (plus HST and 15% gratuities)

Call Lillis or Luana at 250-423-9040 to reserve your spot for this year's fun!

BUFFET DINNER MENU

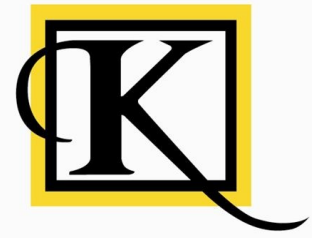
*Oven Roasted Turkey & trimmings
Swedish Meatballs with mashed
potato and cranberry gravy
Atlantic Salmon with rice
Roast Beef with oven roasted
potato
Honey Glazed Ham
Frittata and mini wieners*

Home baked buns
Cold peeled shrimp cooked in beer & dill
Smoked Atlantic Salmon
Lemon Dill cured salmon gravlax
Assorted dips with grilled pita wedges
Tomato & fresh herb bruschetta
Antipasto platter
Cheese a& Cold cuts

Beet Root Salad
Pesto Pasta salad
Caesar Salad
Red Onion and Tomato Salad
Potato Salad

Selection of homemade desserts & dessert squares
Freshly Brewed coffee & tea

**OTHER DATES
AVAILABLE FOR
PRIVATE FUNCTIONS
FOR GROUPS 40-150**



Dr. A.M. Kahane Inc
292-2nd Avenue
PO Box 2818
Fernie B.C., V0B 1M0
P: 250-423-6838
F: 250-423-6839
E: dentist@kahane.ca
W: www.kahane.ca

**First learn the meaning of
what you say**



Bob is Back!

We have just said goodbye to Christie Stokes our locum physio covering for Bob Maudie this past year. On a positive note, Bob Maudie has returned from his hiatus in Australia and is currently accepting new patients. For those of you who don't know Bob, he is a physiotherapist who focuses on **Orthopaedics, Sports Injuries and Active Release Techniques (ART)** Bob has been working at the clinic since September 2007 and has continued his post graduate education in Active Release Techniques (ART). He is also currently advancing his manual therapy knowledge with the Orthopaedic Division of the Canadian Physio-



We are pleased to announce that

Jeremy Grassick RMT will be joining our team Years of rugby, martial arts, wrestling, yoga, baseball, climbing and skiing taught him how the body and mind work, learn, grow, heal and recover from injury. He tailors each patient's treatments by first and foremost listening earnestly to them and considering their situation with an open mind. He strives to make each treatment as effective as possible using modern evidence based technique and intuition.

Jeremy is especially fond of myofascial, cranial sacral, muscle energy and integrated neuromuscular techniques.

Jeremy will be taking on new patients by appointment commencing November 1st 2010. He will be available in both Fernie and Elkford. Please call Fernie Physiotherapy on 250-423-3423 or Elkford Physiotherapy on 250-865-7111 to book your appointment.

Welcome Angie Bryans-Krasnay BSc. Kin (Hons), M.Kin., MSc. PT We are pleased to welcome Angie to the team as a physiotherapist.. She has always had a keen interest in exercise physiology and in 2004 she completed a Masters in Kinesiology in Exercise and Functional Fitness at the University of Calgary. Angie operated her own business as a kinesiologist/exercise physiologist, specializing in physiological assessment and high performance training of endurance athletes, hockey players, track athletes and skiers.



COLLEGE OF THE
ROCKIES

~ Upcoming Courses ...

FoodSafe – Level 1

Fee: \$100
Date: October 16 (Sat.)
Time: 8:30am – 5:00pm
Location: Elkford

Leadership Skills

Fee: \$69
Date: October 18 (Mon.)
Time: 6:30pm – 9:30pm

Simply Accounting

Fee: \$220 + book
Date: October 19 – November 16 (Tue. & Thur.)
Time: 6:30pm – 9:30pm

Photoshop Elements

Fee: \$145 + HST
Date: October 19 – November 9 (Tue.)
Time: 7:00pm – 9:00pm

Shingle and Roof Repairs

Fee: \$20.00
Date: October 20 (Wed.)
Time: 7:00pm – 10:00pm

St. John Standard First Aid

Fee: \$249
Date: October 20,21 (Wed. & Thur.)
Time: 8:00am – 5:00pm

Serving it Right

Fee: \$78
Date: October 21 (Thur.)
Time: 6:30pm – 10:00pm

Class 4 Driver Training

Fee: \$199
Date: October 21 (Thur.)
Time: 6:30pm – 10:00pm

HSRC for Mines in BC

Fee: \$100 & \$35 for manual
Date: October 22 (Fri.)
Time: 8:00am – 5:00pm
Location: Sparwood

NEW! Supercharge Your Sales

Fee: \$149 + HST
Date: October 23, 24 (Sat. & Sun.)
Time: 9:00am – 5:00pm (Sat.)
10:00am – 4:00pm (Sun.)

OFA 1

Fee: \$125
Date: October 23 (Sat.)
Time: 8:00am – 5:00pm

H2S Alive

Fee: \$249
Date: October 23 (Sat.)
Time: 8:00am – 5:00pm

Introduction to Excel Spreadsheets

Fee: \$99
Date: October 25, 27, November 1 (Mon. & Wed.)
Time: 6:30pm – 9:30pm

Time Management – Goal Setting

Fee: \$69
Date: October 25 (Mon.)
Time: 6:30pm – 9:30pm

Conversational Spanish

Fee: \$125 + HST (includes book)
Date: October 26 – November 23 (Tue. & Thur.)
Time: 7:00pm – 9:00pm

Gourmet Cooking Club

Fee: \$199
Date: October 27, November 24 & December 8 (Wed.)
Time: TBA

For more information on these and other courses, please call the College of the Rockies at 423-4691 or visit our website at www.cotr.bc.ca.

KASHEW IS BACK



**River Side Dining in Kashmiri and New Delhi Styles
Tuesdays Thru Sundays 5:00 PM thru 10:00 PM
Western Dishes with an Asian touch Mondays 5:00pm
thru 10pm**

**Mountain Tandoor Restaurant
at the
Fernie Stanford Resort
100 Riverside Way
Fernie, British Columbia V0B 1M1**

Phone: (250) 423.5000

Fax: (250) 423.5067

Contact Joan Martin

Email: info@ferniestanfordresort.com

POLAR PEEK BOOKS

Polar Peek Books is one among hundreds of independent bookstores to open its doors Saturday, October 16th to local authors, publishers, dignitaries and readers to celebrate Canadian Booksellers Association Independents' Day. Activities run from 1- 4 pm and include 20% off book sale (all day long), draws, prizes, cake, children s games and contests, as well as a reading and book signing from poet, songwriter and author Sid Marty at 3pm. Patty Reedyk, owner of the Polar Peek Books had this to say: "Bookstores like mine are the cornerstone of the communities they serve. We cater to the cultural needs of Fernie, featuring local works done right here at home. We're taking this day to highlight the economic, social and cultural contributions bookstores across the country make to Canada."